

Westfield State University Ely Fitness Center

HOURS OF OPERATION

Fall 2025

September 3rd-December 18th

Service Desk Fitness Area		Aerobic Classes	Swimming Pool
SUN	10:30am-4:30pm	*Classes Begin on 9/8/2025	*Pool Closed for Renovations
MON	7:00am-9:30pm		
TUE	7:00am-9:30pm	Class Schedule can be found on Instagram or Website	
WED	7:00am-9:30pm		
THU	7:00am-9:30pm	*Call Fitness Center to sign up for class(s). *Same day sign ups only! *Walk ins welcome, but highly suggest signing up as classes fill quickly.	
FRI	8:00am-5:00pm		
SAT	10:30am-4:30pm		

Management reserves the right to adjust the hours of operation based on customer usage. Please call the Service Desk 572-5500 or check Instagram for updated information. Adjusted hours of operation for dates listed below will be posted at the Service Desk.

Holiday Schedule:

Labor Day:
Indigenous People Day:
Veterans Day:
Thanksgiving:
Exam Week Schedule
Snow Day/Delay Schedule:

9/1 & 9/2: 10:00am-8:00pm
10/11 & 10/12: Closed
11/11: 7:00am-9:30pm
11/25 : 7:00am-7:00pm
12/15 - 12/18: TBA
Check Instagram and website for updates on snow day/delay schedule.

9/3: Begins normal hours
10/13: 1:00pm-9:30pm
11/8 & 11/9: 10:30am-2:30pm
11/26-11/30: Closed

Contacts:

Fitness Center Service Desk
Kamal Makkiya, Assistant Manager

413 572 5500
413 572 5437

Website & Social Media:

Instagram: elyfitnesscenter
Website: <http://www.westfield.ma.edu/student-life/fitness-centers/Fitness-Center>

Membership Information:

Membership Fee

- \$78.00/semester for faculty, staff, DGCE students, retirees payable at Student Accounts
- Full-time UG no fee

Membership Eligibility

- Full-time undergrad, Faculty, Administrators, Staff, Retirees, Trustees & DGCE Students can join during the semester months.
 - Alumni, spouses/partners of faculty/staff/admin in addition to the above list are eligible for summer memberships.

Services Provided Upon Request: Ask Kamal Or Call Service Desk at 413 572 5500

1. Orientation Tours of the Facilities
2. Individualized Exercise Program Assistance by Certified Professional Staff (no personal training provided)
3. Fitness Assessments (Blood Pressure, Heart Rate, Body fat %, Circumference measurements, weight, BMI, flexibility, cardiovascular and muscular endurance/strength testing.
4. Fitness and Wellness programs
5. Health, Fitness & Nutritional Information